

The Elderly

# HOUSIN ITH A HEAR



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ABOUT THE COVER:

We honor our sponsors.
THANK YOU

# From the President and CEO Melanie Ribeiro



## How Will States' Changes to the 2022 Voting Process Impact Senior Voters and Affordable Elderly Housing?

EHDOC is proud that our residents and other Older Americans cherish their voting rights, privilege, and responsibility. In fact, senior citizens have the best voting record of all age groups. Despite the Covid pandemic and other constraints, the U.S. census reported that the 2020 presidential election had the highest voter turnout of the 21st century, with two-thirds (66.8%) of voting age citizens voting. However, among them, over three-fourths (76%) of those aged 65 to 74 voted.

While older persons are civic minded and familiar with the election process, much has changed with the voting process since the 2020 election. In addition to health precautions taken during the pandemic (including masks and social distancing), there were other actions taken to protect and enable safe access to voting, including increased use of mail-in ballots that seniors have generally preferred.

In some states, mail-in ballots were counted last; and in a few situations changed the outcome of the election that resulted in increased partisan tensions, and distrust of the voting process.



One consequence was that many states have changed their voting laws. AARP has identified some of these voting changes, including asking for more identification at the polls

or on absentee ballots and applications; increased scrutiny of registration lists; cutting back on early voting hours and drop boxes; and making it more difficult to vote by mail. However, AARP also noted that some states passed new laws to make it easier to vote.

So, a key question for our residents and other older voters is: What changes have occurred in your state since the 2020 election that will affect your voting? In addition to your personal changes with health and mobility, have you moved since the last election or have the voting district boundaries changed based on the 2020 census or other political factors?

To assist older voters with voting changes, AARP has posted on their website a guide, "How to Vote in the 2022 Midterms Elections in Your State" (https://www.aarp.org/politics-society/government-elections/info-2022/state-voting-guides.html) on state specific voting requirements, including recent changes. In addition, the federal Administration on Aging (AoA) has posted the Administration for Community Living (ACL) voters' guide, "Voting Resources for Older Americans and Persons with Disabilities" (https://acl.gov/news-and-events/announcements/voting-resources-older-americans-and-people-disabilities).

As you learn the character, integrity, and political positions of the various candidates on all levels of government, we would encourage you to determine which candidates "have a heart" and care about your needs, including health care, Social Security, and affordable housing (there are long waiting lists and increased homelessness). The outcome of the 2022 election will determine who will be making decisions for public resources and actions that will affect you, your community, and the future of affordable senior housing, including the Section 202 program. As recent history has demonstrated, many elections are determined by only a few critical votes. Your vote is precious - use it wisely.

Thank you to EHDOC Special Assistant Larry McNickle for the help in gathering this information. You are always appreciated!

# thank you

Thank you to the EHDOC partners/vendors/friends who help support our training conferences. We appreciate these companies who make it possible for us to continue providing inspired, exemplary services in senior housing. All of the proceeds we receive that will not be used for training will go to the Senior Relief Fund. We are so grateful and look forward to a long-lasting relationship with our sponsors.

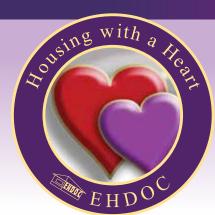
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# MISSION STATEMENT

EHDOC develops and manages safe, secure and affordable housing for senior citizens across the United States, Washington, DC & Puerto Rico. EHDOC advocates for the highest quality of life for the seniors of today and tomorrow.



### **HOUSING WITH A HEART**

is a publication of Elderly Housing Development & Operations Corporation.



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**COMMUNITY NEWS** 

**Older American's Month May 2022** 

Age My Way

**CHATEAU DES AMIS** | Ville Platte, La

For Older American's Month, we celebrated on May 18th. We had music, Cajun jambalaya, cake, awards given to the oldest residents over 80 years of age, and door prizes.

It was a good old Cajun good time!







### **VILLAGE DE MEMOIRE** | Ville Platte, LA

We held a picnic on May 24<sup>th</sup> for Older American's Month. The residents enjoyed a picnic style lunch of chicken salad sandwiches, soda, and cold watermelon, and our resident council popped popcorn! We played B.I.N.G.O. games to win great prizes. We even hid notes in the covered plate lunches for our residents to get a chance to win watermelons and a large basket. We made certificates of appreciation for our Seniors.

### Morton Bahr Homeless Awareness Day: July 18

To honor the memory of EHDOC'S Chairman Emeritus Morton Bahr, our communities hold annual donation drives on his birthday, July 18, to benefit the homeless.



### HUGH CARCELLA APARTMENTS

Reading, PA

To commemorate the day, residents and staff of Hugh Carcella Apartments collected new and unused items to benefit pregnant women and children at Mary's Shelter.



# COMMUNITY NEWS Homeless Awareness Day

CONTINUED

### **SUNSHINE CENTER** | Leesville, LA

We do not have a local homeless shelter in our area. Instead, Sunshine Center residents held a food drive for a local church that delivers food to the elderly in rural areas. These recipients are too far out to receive any food from food banks and most are isolated, so they do not have access to a community partner to apply for food stamps. The residents collected 582 canned goods and 315 dry goods.

### **LEISURE LANE / MORSE MANOR**

Rayne, LA / Morse, LA

Leisure Lane and Morse Manor combined forces and held a nonperishable food drive in honor of Morton Bahr Homeless Awareness Day. Items were donated to a local Christian Care Center.



#### **SAVOY HEIGHTS / VILLAGE DE MEMOIRE**

Mamou, LA / Ville Platte, LA

In honor of Morton Bahr Homeless Awareness Day, Savoy Heights and Village de Memoire worked together on a donation. Eight men who were homeless, now residing in two homes owned and operated by the XTRA Mile Recovery Assistance Program, were treated a hot lunch consisting of pizza, dessert, and drinks. We also provided each of the gentleman with a large canvas bag of treats consisting of personal hygiene items along with socks and other essentials.



### PINE GROVE APARTMENTS | Pineville, LA

Staff and residents at Pine Grove Apartments held our annual Morton Bahr Homeless Awareness donation drive. Our drive benefitted Central Louisiana Homeless Coalition Outreach.



### **Spring Rock Park** Leeds, ME

On July 18th we held our annual Morton Bahr Homeless Awareness Day Car Wash. We washed resident and staff cars and accepted donations for our fundraiser, raising \$100 to donate to Hope Haven Gospel Mission Shelter in Lewiston, Maine.





### **EHDOC'S Antonio Acea:**

# **2022 Florida Service Coordinator of the Year**

Sixto "Antonio" Acea has worked for EHDOC at Council Towers North and South in Miami Beach, Florida for the past 18 years. His exceptional work was recognized by LeadingAge Florida who selected Antonio as the "Service Coordinator of the Year" during their 2022 annual conference in Orlando in July. LeadingAge staff stated that Antonio's award acceptance speech was phenomenal and moving. A video about Antonio can be viewed at www.ehdoc.org/the-latest-from-ehdoc/.

we congratulate Antonio and thank him for all his hard work and commitment to our seniors!



### **Please Donate Today**

The Senior Relief Fund is the support that our senior residents rely on. The fund helps not only with food and necessities but helps new senior applicants pay initial rent. Senior Relief Fund assistance keeps a senior from having to make a choice between housing, food or medications.

Donations are tax deductible and can be made by check or credit card. Visit **www.ehdoc.org/donate** to make your donation.

### THANK YOU.

Yes, I want to support the EHDOC Senior Relief Fund.

Da	vPal
ra	vrai

Amount enclosed \$			
Name:			
Organization:			
Address:	City:	Zip:	
Tel:	Email:		

Please make your check payable to the EHDOC Senior Relief Fund or you can use our secure website: www.ehdoc.org/donate.

#### Please mail your check to:

EHDOC | Cornerstone One | 1200 S. Pine Island Road, Suite 725 | Plantation, FL 33324

# Regional Retreat

It's productive to get away together to brainstorm and refine our processes! From July 18 to 20, EHDOC held a Regional Training Retreat at the Marriott Singer Island in Florida. President and CEO Melanie Ribeiro gathered the Executive Team, Regional Maintenance, Regional Managers and Regional Service Coordinators to discuss concerns and property issues. Everyone enjoyed the chance to discuss improvement items and generate new ideas for the future. We extend an EHDOC Thank You to the Sponsors that enabled this meeting to take place.







### HOUSING WITH A HEART...



### World Elder Abuse Awareness Day (WEAAD):

**June 15, 2022** 



The Home Office recognized World Elder Abuse Awareness Day with a cupcake cake, and a sign with balloons at the door enjoyed by all. Our EHDOC communities honored the day with a variety of events.





### CHATEAU CUSHNOC Augusta, ME

Augusta Police Community Officer Brad Chase presented a program to our residents called "Scams and the Community." He discussed robo-calls, fraud calls, keeping safe in our building and in the community, harassment vs. assault, and who to call to get assistance. A table of EHDOC safety items were available all day: EHDOC bags, whistles, pill caddies, medication awareness packs, lip balm, water bottles, fire awareness bookmarks, and puzzle books.



### MAYFIELD MANOR I, II & III Canton, OH

Residents at Mayfield Manor I, II, & III welcomed Lynnete Witte, Ombudsman from Direction Home Area Agency on Aging, who spoke about their program and helping others in abusive situations. The residents enjoyed refreshments and social interaction after the presentation.



#### COUNCIL HOUSE Suitland, MD

For World Elder Abuse Awareness Day, Council House organized a "Bingocize" session. Our residents had fun playing Bingo to win prizes while learning about what signs to look out for and how one can report suspected abuse of an elder. This information was provided by ElderSafe.



### **SENATE APARTMENTS** Chica

We held a World Elder Abuse Awareness Day Mini Art Fair. This not only celebrated WEAAD, but also promoted public awareness

of how building supportive communities as we age can be a tool in preventing and addressing elder abuse. Residents were asked to share their talents. After much deliberation, three winners were chosen. Treats were provided to all who attended.





#### **PALERMO LAKES**

Miami, FL

Staff from the office of City of Miami Commissioner Alex Diaz de la Portilla, plus the City of Miami Fire Department and the City of Miami Police held a 2022 Hurricane Preparedness presentation at Palermo Lakes on Tuesday, June 7. Residents participated with questions and answers about preparation for the hurricane season.









Boston, MA

The residents at South Boston Elderly participated in a four-week Eat Smart Class from Bay Cove Human Services. Instructor Susan Phillip shared interesting slides, and had residents work on educational information pamphlets in each class that had healthy recipes, health facts and games. Susan also created easy recipes like a smoothie, cold oatmeal for breakfast and healthy snacks for students to sample at the end of each class.



Chicago, IL

Our July resident birthday celebration was a lot of fun, with delicious food, lively dances to favorite music, and exciting conversations. Helen loves to dance and is very good at it. She invited everyone present to dance. Suddenly the door opened. Our beloved engineer Ralph just came to ask what was going on in the Community Room. Helen, without hesitation, swirled him into a dance. Like a true gentleman, engineer Ralph did not refuse the lady while executing several dizzying dance moves.

#### STONINGTON ARMS Pawcatuck, CT

On May 24, the Stonington Police Department's Community Officer Joe Saunders presented a SCAM workshop to help residents become more aware of



the most current scams such as the grandmother scam, phone scams and Publisher's Clearinghouse scam. Twelve residents attended the presentation and stated that after the educational session they felt more confident in recognizing fraudulent activity.



On July 22, we celebrated the 100th birthday of our resident, Anna Mae Walker! Anna Mae has lived at Lakeview Apartments for over 20 years, and she is one special lady. Anna Mae wore a birthday tiara, a 100th birthday sash and a pretty corsage. We held a parade where she got to ride in a sporty pink convertible and wave at the crowd. Her family sent a lovely thank you card for making Anna Mae feel special on her birthday. She is special to us!





Who can resist a good tune, whether you are humming to yourself in the shower or enjoying a social time outdoors at a community concert? Listening to music brings us joy and lifts our mood! There are many wonderful ways to add music to your life, every day.



### **Listening to Music improves:**

- Memory
- Positive emotions
- Mobility and coordination

- **1. Listen to music while you exercise.** Whether you take a walk, do chair exercises, or stretch, music distracts us and makes the exercise more fun and less effort. (Dancing, anyone?!)
- **2. Sing!** Sing in the shower or sing in your car. Nobody else cares how you sound, and the deep breathing is good for you! Sing with gusto!
- **3. Use a CD or radio instead of TV noise.**Background noise is nice but putting on music instead of TV can be a soothing, positive note for your day.
- **4. Play your favorite music before bed and upon waking.** Music can instantly change how you feel. It will improve your outlook!
- **5. Find local concerts.** School band concerts, local musical performances and community concerts are great opportunities to socialize and listen to music of all kinds.
- **6. Watch videos of live performances on YouTube.** Want to find a Sinatra favorite, or songs by your favorite artists? Try going to www.youtube.com and typing the song name in the Search bar. You can watch and listen to many versions to your heart's content.



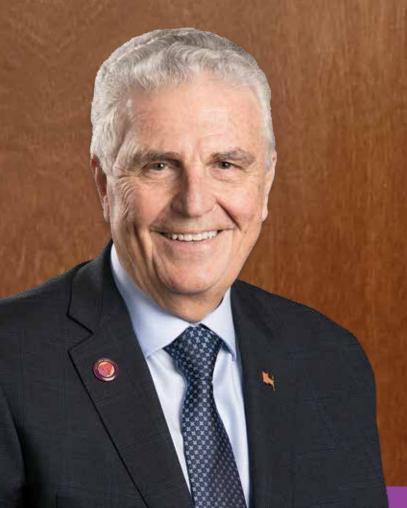




# Forever

# STEVE PROTULIS

December 19, 1941 – April 19, 2021



### **EHDOC Communities Nationwide**

Working to meet the need for senior housing across the country

**Arkansas** 

**Jacksonville Towers** 

Jacksonville

100 units | 9 story

Worley's Place

Jacksonville

44 units | 3 story

California

Dino Papavero Senior Centre

Fontana

150 units | 11 story

**Murray Place** 

Rell

71 units | 5 story

Steel Plaza

Los Angeles

65 units | 11 story

John Piazza Apartments

Fontana

59 units | 4 story

Minerva Manor

Fontana

63 units | 3 story

**Connecticut** 

Anthony J. DeLorenzo Towers

Bristol

90 units | 5 story

**Stonington Arms** 

Pawcatuck

75 units | 2 story quadraplex

**Florida** 

Council Towers North

Miami Beach

125 units | 12 story

**Council Towers South** 

Miami Beach

125 units | 12 story

**EHDOC MC Pepper Towers** 

Miami

150 units | 12 story

George Humphrey Towers

Miami

272 Units | 17 story

Mosaico

Miami

271 units | 13 story

Palermo Lakes Apartments

109 units | 15 story

Robert Sharp Towers I

Miami Gardens

109 units | 7 story Robert Sharp Towers II

Miami Gardens

109 units | 7 story

Steve Protulis Tower East

Miami

50 units | 5 story

Steve Protulis Tower West

69 units | 7 story

Illinois

North Park Village Apartments

Chicago

180 units | 2 & 3 story

**Prete Apartments** 

Chicago

75 units | 4 story

**Senate Apartments** 

Chicago

240 units | 4 story

Edward M. Marx Apartments

Chicago

31 units | 3 story

J. Michael Fitzgerald

Apartments

Chicago

63 units

Louisiana

Chateau des Amis

Ville Platte

49 units | 2 story

Leisure Lane Apartments

Rayne

19 units | garden style

Morse Manor

Morse

19 units | garden style

**Oakwood Apartments** 

Cheneyville

16 units | garden style

Pine Grove Apartments

Pineville

77 units | 2 story

Point Villa Apartments

Church Point

19 units | garden style

**Riverbend Apartments** 

Mermentau

22 units | garden style

Savoy Heights Apartments

Mamou

54 units | 2 story

**Sunshine Center Apartments** 

Leesville

37 units | garden style

Village de Memoire

Ville Platte

115 units | 2 story

Maine

Chateau Cushnoc

Augusta

60 units | 3 story

La Maison Acadienne

Madawaska

62 units | 3 story

Spring Rock Park Leeds

Leeds

20 units | 2 story

John Marvin Tower

Augusta

32 units | 3 story

**Montfort Heights** 

St. Agatha

21 units | 3 story

Marvland/ Washington, DC

**Council House** 

Marlow Heights 161 units | 9 story

Morton & Florence Bahr Towers

Washington

54 units | 5 story

Massachusetts

Robert A. Georgine Tower

Charlestown

42 units | 6 story

South Boston Elderly

Boston 50 units | 3 story

**New Hampshire** 

Earl M. Bourdon Centre

Claremont

80 units | 3 story

New Mexico

Edward Romero Terrace

Albuquerque 40 units | 4 story **New York** 

Clyde F. Simon Lakeview I

150 units | 5 story

Clyde F. Simon Lakeview II

Rath

39 units | 3 story

Jack Kenny Memorial

Rochester

91 units | 6 Bldg - 2 story

Ohio

Mayfield Manor I

Canton

144 units | 6 story

Mayfield Manor II

Canton 66 units | 8 story

**Mayfield Manor III** 

Canton

40 units | 4 story

**Teamsters Residence** 

Maumee 52 units | 1 story quadraplex

William W. Winpisinger

Cleveland 42 units | 7 story

**Pennsylvania** 

**Hugh Carcella Apartments** 

120 units | 11 story

I.W. Abel Place Pittsburgh

49 units | 6 story

Lloyd McBride Court

Millvale

58 units | 5 story

Lynn Williams Apartments

Pittsburgh 42 units | 5 story

Steelworkers Tower

Pittsburgh 79 units | 11 story

**Puerto Rico** 

Torre Jesus Sanchez Erazo

Bayamon 100 units | 11 story





